



Coastwide Therapy Services

Berkeley Vale - 1/152 Lakedge Ave, Berkeley Vale

Toukley - 1/44 Victoria Ave, Toukley

Woy Woy - 12, 26-30 Railway Street Level 1,
Clock Tower Building, Woy Woy

CALL 43 881110 For more information

PHYSIOTHERAPY FOR CHILDREN

Physiotherapists can work with children and their families to ensure the very best physical development and functioning. Clients can range from premature infants to adolescents.

Physiotherapists are often referred to as "movement specialists". Children that see physiotherapists may have conditions, disabilities or impairments that affect their ability to participate in everyday activities.

The physiotherapist at this clinic provides the highest quality service to children with;
Developmental Delay- babies who have difficulty or delay in their gross motor development eg rolling, sitting, crawling, walking. Also for premature babies requiring follow up of their motor development.

Disabilities including but not limited to- cerebral palsy, acquired brain injury, Downs Syndrome, vision or hearing impairment

Orthopaedic conditions including but not limited to- talipes equinovarus (club feet), talipes calcaneovalgus, developmental dysplasia of the hip, plagiocephaly, and torticollis.

Gross motor difficulties- balance, posture, ball skills, strength, running, etc

Gait/walking problems including but not limited to; intoeing, out-toeing, flat feet, bow legs, knock knees, and toe walking.

SERVICES INCLUDE:

- Individual assessment
- Goal setting with child and family
- Development of individual therapy programme
- Development of home programme
- Development of pre-school/school programme where appropriate
- Liaison with other health professionals involved in the child's care
- Liaison with teachers
- Pre-school/school visits
- Advice and application of equipment
- Application of plaster as needed
- Footwear advice
- Comprehensive reports on request
- Referral to other services as appropriate

REFERRALS; Can come from doctors, teachers, therapists, and parents.